

All athletes should report to assembly areas 10mins before the start time						
Track						
Event No.	Time	Event	Pool	No of Athletes	No of Heats	
119	10:30	Powerchair Slalom	Pool 16	1	1	
107	10:45	100m	Pool 7	13	2	
108	11:00	100m	Pool 8	16	2	
114	11:20	WC/FR 100m	Pool 14	3	1	
115			Pool 15	4		
101	11:30	100m	Pool 1	15	2	
112	11:45	50m	Pool 12	7	1	
113		50m	Pool 13	12	2	
110	12:00	50m	Pool 10	8	1	
111		50m	Pool 11	12	2	
105	12:15	100m	Pool 5	12	2	
106		100m	Pool 6	13	2	
109	13:00	50m	Pool 9	15	2	
116		Powerchair 50m	Pool 16	1	1	
104	13:15	100m	Pool 4	15	2	
103		100m	Pool 3	9	2	
102	13:30	100m	Pool 2	11	2	
114	13:40	WC/FR 200m	Pool 14	3	1	
115			Pool 15	4		
T35	14:00	Relays	All			
Field						
Event No.	Time	Event	Pool	Location	No of Athletes	Combined
301	10:30	Long Jump	Pool 1	Pit 1	15	10
204		Shot Put	Pool 4	SP	16	16
309		Standing Long Jump	Pool 9	Pit 2	15	15
212		Softball	Pool 12	SB	7	19
213		Softball	Pool 13	SB	12	
202	11:00	Shot Put	Pool 2	SP	11	20
203		Shot Put	Pool 3	SP	9	
305		Long Jump	Pool 5	Pit 1	12	25
306		Long Jump	Pool 6	Pit 1	13	
310		Standing Long Jump	Pool 10	Pit 2	8	20
311		Standing Long Jump	Pool 11	Pit 2	12	
209	11:30	Softball	Pool 9	SB	15	15
304		Long Jump	Pool 4	Pit 1	16	16
207		Shot Put	Pool 7	SP	13	13
302	12:00	Long Jump	Pool 2	Pit 2	11	20
303		Long Jump	Pool 3	Pit 2	9	
208		Shot Put	Pool 8	SP	16	16
216		Seated Throw	Pool 16	Cage	1	8
214		Seated Throw	Pool 14	Cage	3	
215		Seated Throw	Pool 15	Cage	4	
201	13:00	Shot Put	Pool 1	SP	15	15
307		Long Jump	Pool 7	Pit 1	13	13
312		Standing Long Jump	Pool 12	Pit 2	7	19
313		Standing Long Jump	Pool 13	Pit 2	12	
205	13:30	Shot Put	Pool 5	SP	12	25
206		Shot Put	Pool 6	SP	13	
308		Long Jump	Pool 8	Pit 1	16	16
210		Softball	Pool 10	SB	8	20
211		Softball	Pool 11	SB	12	

All Field athletes will receive 4 trials in competition

Medals will be presented to the top 3 scoring athletes in each pool